

From Central London/North Circular

- Follow the A13/Alfreds Way
- Take the Movers Lane exit
- Turn right onto River Road
- McGrath MRF is located on the right after the bus depot

From M25

- Follow the A13/Alfreds Way to Central London
- Take the Movers Lane exit
- Turn left onto River Road
- McGrath MRF is located on the right after the bus depot

